



ASSOCIAÇÃO DE JOVENS PROMOTORES DA AMADORA SAUDÁVEL



“Project financed under  
the European Found for  
Integration  
of Third-Country Nationals”

“Each of us should be encouraged to take their difference, to design its own diversity, to develop its identity as a result of the sum of different appearances, rather than confused with one, built in supreme appearance , and in instrument of exclusion, sometimes even of war.”

Amim Maalouf, Les identités meurtrières,  
Éd. Grasset & Fasquelle, France: 1998, pág. 183

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The AJPAS - Association of Young Promoters of Healthy Amadora, came with the development of project Health Promoters in Migrant Community, in the movement of the "Healthy Cities - 2000".

Non-Governmental Organization (NGO), a nonprofit organization, AJPAS was recognized as a legal person of public utility on 18th June 1993, the date of its first General Assembly

Association of immigrants recognized by ACIDI (High Commissioner for Immigration and Intercultural Dialogue)



## ABOUT US

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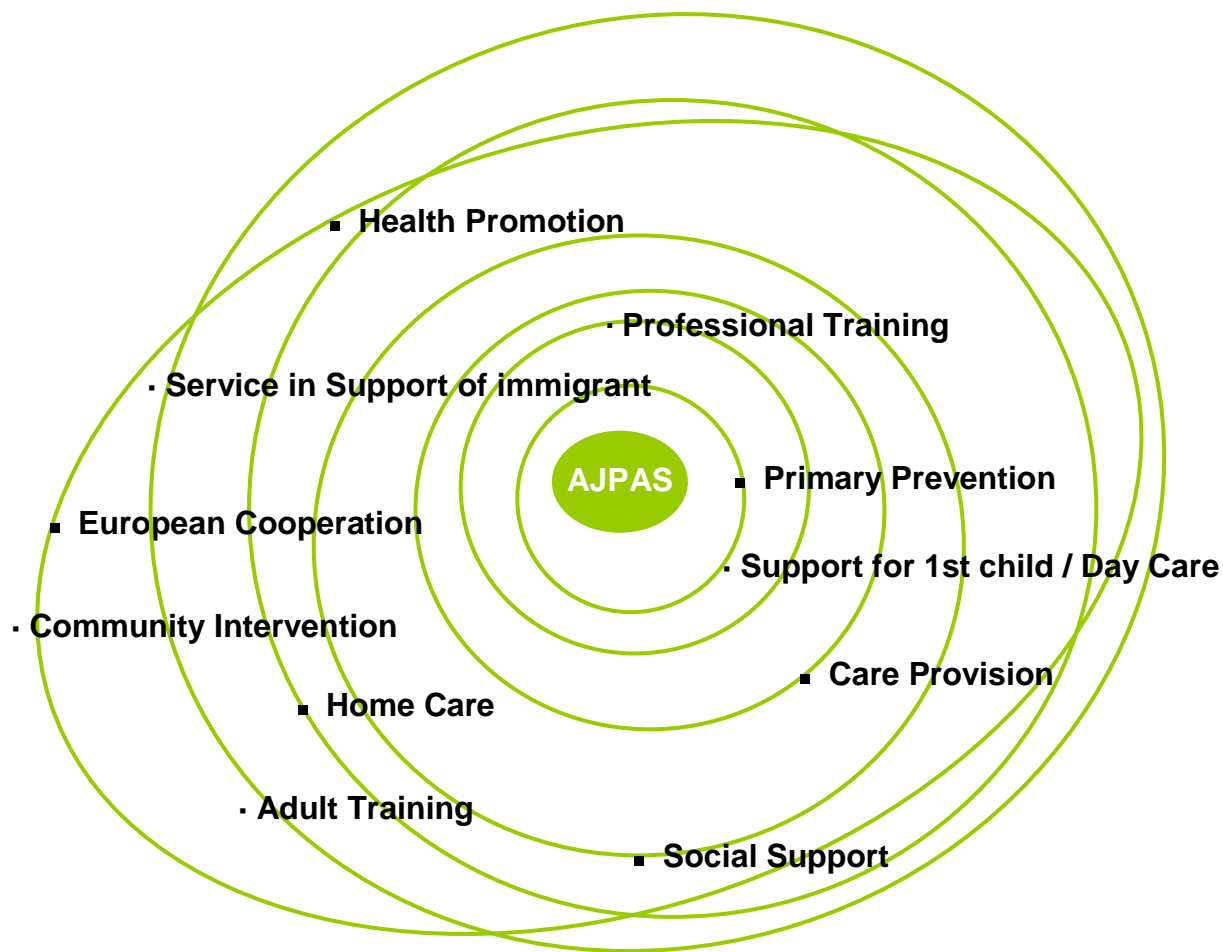
RECOGNITION



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## General

- . Health Promotion;
- . Prevention of HIV / AIDS and other STI's;
- . Prevention of Drug Abuse;
- . Domestic support, psychosocial and legal for people infected with HIV / AIDS and their families.

## Specific

- . Fueling the creative ability of young people and support their initiatives;
- . Promote and stimulate the spirit of volunteerism among young people;
- . Contribute to the recovery of young people in society;
- . Encourage the exchange between cultures;
- . Actions for prevention and health promotion for immigrants and ethnic minorities as well as their families;
- . Create proximity services, targeting children, youth, elderly and people affected with HIV / AIDS.

## ABOUT US

### OBJECTIVES

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- . Call for the exercise of citizenship of people who are victims of social exclusion or inequality, through a comprehensive and integrated community intervention for the prevention of risks to health;
- . Training of young people and adults to enter the workforce;
- . Care of children, youth and adults.

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- . Being recognized as an organisation that operates in the areas of public health, social and immigration through the provision of quality community services focused on the needs and expectations of our target audience.

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- . Ethics;
- . Solidarity;
- . Responsibility;
- . Transparency;
- . Diversity;
- . No discrimination;
- . Promote the spirit of volunteerism;
- . Respect and commitment to employees and users

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## DAY CARE UNIT for 1st Child – (CRECHE BABETE )

- . Social day care, funded by Social Security, which provide children and their parents and educators a place where they can stay during the day.

It is frequented by children from 4 months to 3 years which are coordinated by a teacher of children, helping them develop their own activities.



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## GLOBAL AIDS (GLOBAL SIDA)

- .Health promotion and prevention of HIV / AIDS in young people / young adults from Casal da Mira;
- . Increase information to the migrant population and ethnic minorities;
- . Empower youth and young adults for the adoption of preventive behaviors against the infection of HIV / AIDS.



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## SERVICE SUPPORT TO IMMIGRANTS (SERVIÇO DE APOIO AO IMIGRANTE)

.Creation of responses in support of immigrant-related integration, acquisition of citizenship, legal, labor rights, social security, access to health services, acquisition of expertise in education through courses of adult education (courses of education and training of adults).



**Cursos Extra-Escolar**  
Formação de Adultos  
Cursos também destinados a maiores de 15 anos

- ◆ *Português para estrangeiros*
- ◆ *Português - 2ª Língua*
- ◆ *Alfabetização*

Inscrições:

- Escola Secundária de Amadora  
Av. Amadora, s/n 2700-843 Amadora  
Tel. 218 916 880
- Escola Secundária com 3º Ciclo Fernando Namora  
Rua Silva 100 de Cardeas 2630-187 Amadora  
Tel. 218 747 770
- Escola Secundária com 3º Ciclo Sequeira da Costa Primo  
Rua da Galiza, 112 2709-123 Amadora  
Tel. 218 910 980
- Escola E.B. 2,3 Carlos Lopes  
Av. Paulo Gomes Cabral 2700-011 Amadora  
Tel. 218 945 580
- Escola E.B. 2,3 José Cardoso Pires  
Rua António, 146-150 Casal de São João 2700-080 Amadora  
Tel. 218 917 770
- Escola E.B. 2,3 Pedro d'Árviz da Cunha  
Rua Serradoro Monteiro 2700-048 Amadora  
Tel. 218 916 170
- APJAS - Associação de Jovens Promotores da Amadora Saudável  
Rua da Vitória 7720-267 Amadora  
Tel. 218 955-426

Câmara Municipal da Amadora

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## LIVING WITH HIV (VIVER COM O VIH)

- . The project "Living with HIV" is a social response to people infected and affected by HIV / AIDS, residents in the municipalities of Amadora and Sintra.
- . Provides the following services: home support, psychosocial support, rehabilitation and social reintegration, legal advice; Occupational Activities.



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## “It’s Cool in Boba” Project Integrated in the Choices Program 4th Generation

Encourage the inclusion in school through the School Support actions, focusing on creating a program to develop personal, social and educational, aimed at combating school failure/drop out.

### Other Objectives:

Parenting Skills Training - to promote involvement in the learning process of children and the approach to school

Activities to prevent school drop out and promoting school success (training courses for youth and adults);

Creating a Center for Digital Inclusion - to encourage the acquisition of new knowledge and skills in information technology and communication.

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## **INTERCULTURAL LIASON AGENTS (AGENTES DE MEDIAÇÃO INTERCULTURAL)**

- . Agents of Intercultural Mediation placed on public services under this project act as a host, information and support to citizens, including:
- . Easier communication between professionals and users from different cultural background;
- . Promote the inclusion of citizens from different social backgrounds and cultural conditions of equality;
- . Support users in relation to professionals and public and private services;
- . Cooperate in preventing and resolving conflicts and socio-cultural development of strategies for social intervention;
- . Actively collaborate with all stakeholders in processes of social and educational intervention.

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## HOSPITAL IN THE COMMUNITY (HOSPITAL NA COMUNIDADE)

Hospital in the Community aims to create a targeted response to the reduction of recurrence and mortality of people infected with HIV / AIDS, through an appropriate adherence to therapy and constant surveillance of their health status.

- . Consultations on compliance
- . TAR and take control of assisted
- . Nursing and psychology consultations
- . Guarantee the completion of medical tests
- . Medical consultations at home
- . Shares of health education

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## INVESTIGATION AND HEALTH ASSESSEMENT

Health Assessment Status - Screening addressed the following areas:

- Hypertension;
- Diabetes;
- Weight;
- Obesity;
- Cholesterol.

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## AJPAS won in:

- . 1998, the First European Prize for Health Education;
- . 1999, Prize of the Glaxo Wellcome Foundation for Health Sciences in distinguishing the work from the African communities in the area of health promotion and prevention of STI's, with emphasis on the prevention of HIV / AIDS;
- . 2005, GlaxoSmithKline International recognition for the work in partnership with the European Forum for Children with HIV / AIDS, youth and their families.

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**JORNAL DA REGIÃO Amadora**  
Directora Paula Petrecca  
Ano XI - Edição nº 428 - Amã XI - 30 Outubro a 5 Novembro 07

# SAÚDE À PORTA DE QUEM PRECISA

Unidade Móvel de Saúde visita o Casal da Mira todas as semanas, numa óptica de prevenção e promoção da saúde, possibilitando às famílias carenciadas uma simples ida ao médico

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The Work of Community Intervention in the Young district of Mira was considered in 2007 a Good Practice by the Portuguese Presidency of the EU, <http://www.eu2007.min-saude.pt/PUE/pt/conteudos/Programa+da+saude/publicações/Relatório+sobre+Boas+Práticas.htm>

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